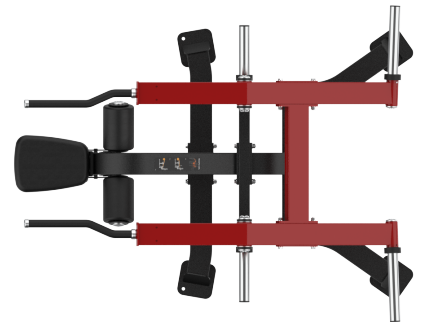


## DH PLATE LOADED SERIES

### DH066 - SEATED DIPS PRESS



## PRODUCT OVERVIEW

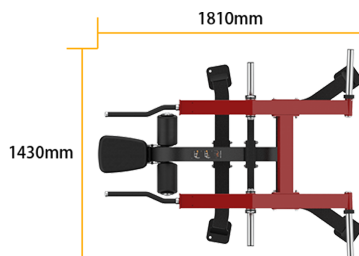
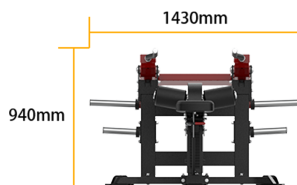
The DH066 is a professional plate-loaded strength machine designed specifically to train the triceps and the lower portion of the pectoral muscles. With a modern aesthetic and solid construction, it is ideal for commercial gyms and upscale personal training studios. Its unilateral arm design enhances muscle isolation, prevents compensation, and promotes balanced strength development on both sides.

The extended, thickened handles feature a 180° rotating mechanism that provides both wide and narrow grip options, accommodating various shoulder widths and training goals—from focused triceps development to lower chest engagement. The ergonomic thigh pad and Pneumatic Infinite Seat Adjustment system help users quickly align their posture for optimal force output, ensuring safe, stable, and efficient training performance.

## SPECIFICATIONS & KEY FEATURES

### Specifications

|                        |                                 |
|------------------------|---------------------------------|
| Dimension:             | 1810*1430*940mm                 |
| Net Weigh:             | 140kg                           |
| Max Load Capacity:     | 300kg[2x150kg]                  |
| Main Frame Tubing:     | J50x100x2.5                     |
| Target Muscle Groups   | Triceps                         |
| Standard Color Scheme: | DH Series standard color scheme |

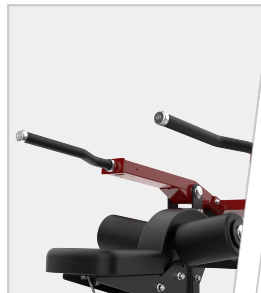


### Product Features



#### Stable and Durable Construction

Reinforced structural design and refined craftsmanship ensure long-term stability and safety under high-frequency use.



#### 180° Rotating Handles

Provide multiple grip widths and training options, adapt to various arm lengths and training targets, reduce wrist pressure, and enhance comfort.



#### Pneumatic Infinite Seat Adjustment

Allows quick and precise seat height customization for ideal posture alignment, adapting to a wide range of body types.